

**I.R. of IRAN STATEMENT ON:
THE REGIONAL ACTION PLAN FOR MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT IN
EMERGENCIES, 2024-2030
Session 3 – 11:30 – 12:30
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**Regional Action Plan for Mental Health and Psychosocial Support (MHPSS) in Crisis
2024-2030"**

The efforts made in developing the MHPSS regional action plan are commendable.

- Culture-based priority measures for mental health, psychosocial support, prevention of mental, neurological and substance abuse disorders and related interventions are necessary according to national priorities in the target population identified in the countries.
- The mental and social health program in I.R.I has been integrated in (PHC) since 1988, and in the review of this program in 2014, screening services for mental health disorders and drugs, alcohol, and tobacco use and family-based drug use prevention training, school and work environments, suicide prevention program, disaster preparedness program, self-care training, life/parenting skills are available. Providing access to high-risk and marginalized drug user groups to harm reduction services has been implemented and developed in Iran since 2003. This program provides services in Drop In Centers (DIC) as well as Outreach and Mobile Centers.
- In Iran, Opioids are the most commonly used substances. In this sense, in the treatment of substance use disorders, in addition to pharmacological measures, including maintenance treatments with agonists, psychological training is provided to clients.
- In the list of national drugs, the needs of treatment of psychiatric disorders and substance abuse are taken into account and the required medicinal items are available.
- Limited human and financial resources cause a gap in treatment in countries, and the need to pay attention to MNS in allocating resources is necessary to be taken into consideration.
- In Iran, there are 3.8 psychologists per 100,000 people, which is much lower than the regional average (8 psychologists per 100,000 people).
- In the second paragraph of paragraph 30, the integration of MHPSS services in all health systems is mentioned, which is in conflict with the title of the action plan and needs to be corrected.
- Together, we can move towards a more flexible and responsive region that is well prepared to handle the psychological effects of future crises.

In the end, on behalf of the Islamic Republic of Iran, we would like to express our gratitude for the attention of the office (EMRO) to mental and social health.

Thank you for your attention